



Beauty

# MAKE MUM'S D



**LAUREN**  
I want a more natural look

**ELLA**  
I never have enough time

**JULIA**  
I'd love to be pampered

Pictures: Will Horner. Still-life pictures: Chris Jansen. All prices are recommended retail price.

# MAY BEAUTIFUL

You can get fast, flawless make-up in a few easy steps, just like these real-life yummy mummies. MARY ZAVAGLIA shows how

## NEW MUM: JULIA LANG

**M**um-of-two Julia Lang can't wait to spend Mother's Day with her baby son Jayden, 15 months. "I'll spend the day with my boys and hubby. I'll leave the plans to them - they can surprise me!" she says.

Julia works part-time and is a bit short on "me time". "Being so busy I don't often get a chance to pamper myself," she says.

### Always on the go? Here's how to get Julia's natural glow...

Smooth a tinted moisturiser over your face with fingers. It's the quickest way to get a flawless complexion. Finish with a loose mineral foundation to set the base.

1. Hydrate and protect your skin, plus cover up with **Clinique Moisture Surge Tinted Moisturizer SPF 15**, \$50.
2. **BareMinerals Original Foundation**, \$59, gives lightweight coverage.

Apply a peach creme blush onto your cheekbones and blend upwards.

3. Top 3-in-1! **Becca Fallen Angel Palette**, \$65, contains lip gloss, cheek creme and highlighter.

Lightly apply a beige shimmer highlighter to upper cheeks, forehead and Cupid's bow. It lifts your face in seconds.

Cover lips with a nude lip gloss and blot off any excess with a tissue.

Trace eyes with black kohl, then use a cotton tip to soften the line. Finish with lashings of mascara.

4. **Kink Silk Eyeshadow in Champagne**, \$8, is easy on the eye and the pocket. 5. **Face Of Australia Eyeliner Mechanical Pencil** in Black, \$9.95, is waterproof with built-in sharpener. 6. Open up and brighten peepers fast with **Ulta3 The Big Mascara** in Very Black, \$6.95.



### EXPERT TIP

Invest in multi-use make-up like palettes with a lip gloss, blush with a highlighter or foundation with SPF.

### Woman's Day gives Julia a sunny surprise

Relax, rejuvenate and rebalance - that's the mantra of the Hyatt Regency Sanctuary Cove's day spa. After a trip to the Gold Coast retreat, Julia agrees, "I love the sun, so this is perfect," she says. For more, visit [sanctuarycove.regency.hyatt.com](http://sanctuarycove.regency.hyatt.com).



Julia wears: **Shirt**, Calvin Klein, \$120; **Jeans**, Calvin Klein, \$220; **Vest**, Jay Jays, \$29.95. **Jayden wears:** **Top**, Oobi Baby, \$24.95; **Jeans**, Oobi Baby, \$49.95.

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**EXPERT TIP**  
 When you're at the make-up counter, go for neutral creme colour pots. These can be used on the eyelids, lips and cheeks!

**MULTITASKER: ELLA ELIAS-REICH**

**E**lla Elias-Reich lights up the room when chatting about what's in store for her on Mother's Day. "I plan to spend the entire day with my gorgeous children Austin [7], Savannah [5], and Hunter [3]," she says. "Hopefully we'll go out for lunch and then visit my mum for a lovely dinner."

Ella admits her complexion needs brightening on some days but she can't find the time to hit the beauty counter.

"With such a busy schedule, I really am time-poor when it comes to shopping," she says.

**We give Ella a minimal, no-fuss make-up look...**

■ Apply foundation with a sponge to give you a light, luminous base. Set with a dust of translucent powder.  
**1. Rimmel Lasting Finish 25 Hour Foundation** in Soft Beige, \$17.95, goes the distance,

■ Blend a cheek and lip creme onto the apples of cheeks. Then pat tint onto lips, finishing with a glossy lip balm.

**2. Sensitive souls will love Nude By Nature Mineral Finishing Veil**, \$39.95. **3. Wear Lanolips 101 Ointment**, \$17.95, over lipplie or by itself for soft lips. **4. Bobbi Brown Pot Rouge for Lips and Cheeks** in Cabo Coral, \$58, is an all-rounder.

■ Dust entire eyelid to the brow with a neutral shade. Contour eye with a light brown hue and trace the eye with a dark grey shadow. Smudge with your finger for a natural smoky effect.

**5. Get the complete subtle, smoky eye with Australis Papparazzi Perfect High Definition Eyeshadow** in Snap Attack, \$15.95.

■ Heavily coat top and bottom lashes with black mascara for an easy, dramatic eye.

**6. You can't get much blacker than Prestige My Blackest Lashes Intense Black Volume Mascara** in Blackest Black, \$19.95.

**Woman's Day treats Ella to a city spa haven**

"I love Melbourne and would love to spend a weekend away with a girlfriend, go shopping and indulge in a day spa," Ella said. Her beauty wish came true with a facial and massage package at ISIKA, the spa at Crown Metropol hotel in Melbourne. For more, visit [crownmetropol.com.au](http://crownmetropol.com.au).



**Ella wears:** T-shirt, Esprit, \$34.95; **Shirt**, Tommy Hilfiger, \$169.95; **Jacket**, Esprit, \$139; **Necklace**, Angelique, \$49.95; **Bracelets**, Angelique, \$49.95 for the set; **Own jeans and shoes**; **Savannah wears:** **Shirt**, Esprit, \$39.95; **Jeans**, Esprit, \$59.95; **Vest**, Esprit, \$49.95; **Bangle**, Oobi Baby, \$7.95. **Hunter wears:** **Top**, Country Road, \$39.95; **Shorts**, Esprit, \$49.95. **Austin wears:** **Shirt**, Esprit, \$39.95; **Jeans**, Esprit, \$59.95.



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**MUM-TO-BE: LAUREN FLAHERTY**

**W**ith her beautiful rounded belly, soon-to-be mum-of-two

Lauren Flaherty has chosen to go back to nature when it comes to her beauty routine.

"My skin has been sensitive during both my pregnancies," Lauren says. "So using natural products has been much more gentle on my skin and helped with redness, dry patches and blotchiness."

Lauren's make-up routine has undergone a very big makeover.

"Before Jackson [her son, 2] I wore quite a lot of make-up, applying 10 or more products to my face," she says. "Now it's moisturiser, sunscreen, mascara, bronzer and gloss – at best!"

**We show Lauren how to get the most out of her simple routine...**

■ Conceal blotchiness and blemishes around the nose and under the eyes.

**1. Smooth away any dark circles and spots around your eyes with Bourjois Healthy Mix Concealer** in Medium Radiance, \$26.

■ Smooth on a tinted mineral moisturiser with fingers for a translucent finish.

**2. Kit Mineral Tinted Moisturiser SPF 15** in Medium, \$32.95, contains vitamin C and sun protection. Bonus!

■ Smile and lightly dust the apples of the cheeks with a shimmery soft pink blush. Blend in upwards circular movements for a quick lift.

**3. Eies Mineral Gemstone Finishing Powder** in Blush, \$99, has white sapphire minerals to plump cheeks.

■ Dust on a beige shimmer shadow to lids and blend it up onto the browbone. Define the eyes by blending a taupe shadow upwards along the browbone. Lightly brush on mascara.

**4. Avon Smooth Minerals Eyeshadow Pencil** in Sand Dune, \$18.99, brightens eyes and is easy to apply. **5. Covergirl Exact Eyelights Mascara** in Black Gold, \$17.95, has light-reflecting metallics to bring out naturally gorgeous eye colour.

■ Finish with a slick of apricot gloss.

**6. Get the perfect pout with Avon Smooth Minerals Lip Gloss** in Natural Glow, \$18.99.



**Watch our video**  
For step-by-step tips on getting Lauren's look see our video at... [www.womansday.com.au](http://www.womansday.com.au)



**EXPERT TIP**  
Like Lauren, your skin may become more sensitive during pregnancy so opt for mineral make-up to keep your baby glow.

**Woman's Day gives Lauren a gorgeous getaway**

A spa package at the Château Élan resort in the NSW Hunter Valley was perfect for Lauren, who loved its Thalgo organic facial and pamper-plus pedicure. "A day spa tailored for pregnancy is lovely," she says. Visit [chateauelan.com.au](http://chateauelan.com.au).



**Lauren wears: Ruffle dress, Szabo, \$109; Jackson wears: Jeans, Oobi Baby, \$49.95; Vest, Oobi Baby, \$34.95; Own T-shirt and shoes.**

**STOCKISTS** Angelique 1800 335 011 Calvin Klein (03) 9869 8100 Country Road 1800 801 911 Esprit (02) 8586 0444 Jay Jays 1800 630 122 Oobi Baby [oobi.com.au](http://oobi.com.au) Szabo [szabomaternity.com.au](http://szabomaternity.com.au) Tommy Hilfger (03) 8416 8600