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The 5 essential MAKE-UP TIPS

Become a make-up master with these simple-but-brilliant tips from beauty expert Rae Morris

Anyone who loves make-up but wants to know how to wear it better and apply it quicker should check out the new book from award-winning make-up artist Rae Morris, *Express Makeup* (Allen & Unwin, \$39.99). It's full of invaluable insider tips, like these...



- 1 If time is of the essence, always do your eyes first because you can apply your foundation and lipstick as you're literally racing out the door!
- 2 If your lipstick suddenly smells or tastes different, chances are it's gone off. Throw it out immediately!
- 3 Bleeding lipstick? If more of your lipstick is heading south than is actually on your lips, wipe the whole lot off with a baby wipe and start again. The real trick is to buy the most intense colours and only apply lipstick once – the less product on your lips, the less it will run.
- 4 Resist the temptation to wear red nail polish if you

have red hands – it has exactly the same effect as adding a red lipstick to red skin! Instead, wear skin-toned matte polishes.

- 5 When it comes to concealer, you need two. For dark under-eye circles and scars, a shade lighter than your skin's natural shade is best to highlight and hide. But for raised blemishes and pimples, a darker shade than your skin's natural shade is best as it has the opposite effect and it will flatten. **NI**

1 The Body Shop Eye Colour in Chocolate, \$18.95. 2 Max Factor Mastertouch Concealer, \$25.95. 3 L'Oréal Paris Visible Lift Foundation, \$39.95. 4 Sally Hansen Insta-Dri Nail Color in Petal Pusher, \$13.95. 5 Clarins Extra-Firming Foundation, \$70. 6 Benefit Full-Finish Lipstick in Pillow Talk, \$36.



Delta Goodrem is a big fan of Rae's work.

74% of Australians say a bright white smile is the key to impressing their Valentine... so get grinning!

In Essence Botanically Active Facial Scrub \$22.95, www.inessence.com.au

This feels so gentle but I know it's doing my skin wonders as it leaves it feeling soft, smooth and moisturised all at once. Great for ageing skin! I use it twice a week.

Beauty Ed's fave!

3 OF A KIND
 Dry shampoo revives lacklustre locks instantly

- 1. BEST FOR BRUNETTES**
 Batiste Coloured Dry Shampoo, \$12.95, (02) 8709 8800. Once upon a time dry shampoo left telltale white residue, but not anymore!
- 2. BEST FOR OILY HAIR**
 TRESemme FreshStart Dry Shampoo, \$11.49, (02) 8264 5400. Removes oil, odour and frizz, and acts as a styling tool giving instant oomph and volume.
- 3. BEST GENTLE FORMULA**
 Natralia Nourish Naturals Dry Shampoo, \$9.95, available at Priceline. A natural formula containing essential oils, vitamins and plant proteins.