



notebook.

# hints & how-tos *Beauty*

We round up the best beauty finds that make you feel pampered, perform two tasks in one, overcome the effects of city living and lead you down memory lane.



## How to...

### REVIVE YOUR HIGHLIGHTS

Our hair is constantly accumulating smoke, pollution and product build-up that most shampoos can't remove. On dark hair you never notice it, but on white hair it shows up as a yellow-looking stain. This type of staining can also make your blond highlights look yellow and dull. It's worth using a clarifying shampoo and conditioner once a week, such as RPR Detox My Hair Shampoo and Conditioner, \$18.95 each, or Wella Biotouch Pure Purifying Shampoo, \$22. On your other wash days, use a purple shampoo to tone down any brassiness in your hair and your highlights will look great for months.



## SKIN SCIENCE

If you've been considering an anti-ageing skincare regimen, now may be a good time with the release of Olay's Professional Pro-X Anti-Ageing Starter Protocol Kit, \$99.99. Slightly more heavy-duty than the brand's other offerings, this starter kit lets you trial the key products in the Pro-X range.



**HOME REMEDY**  
 Strengthen your nails by including evening primrose oil in your diet. It's especially good for brittle nails. It takes about eight weeks to see the difference, so persevere.

WORDS: ERIN WHITTY & SUZANNE WANGMANN HAIR PHOTOGRAPHY: ANDREW LEHMANN STILL-LIFE PHOTOGRAPHY: ANDREW LEHMANN



Have you considered... laser hair removal? Most of us think about it during summer, but winter is the best time to start as laser can make skin extra sensitive to sun. It is ideal for the bikini area because laser targets dark hairs. Expect to pay from \$250 for a 30-45 minute treatment and it's common to need six to eight treatments.



*Back to basics*

'Memories may be beautiful, and yet'... we're not so sure the smell of banana shampoo and conditioner is as good as we remembered! The Body Shop has revived many of its classic recipes including the unforgettable Dewberry Bath & Shower Gel, \$12.95, and Fuzzy Peach Bath & Shower Gel, \$12.95, plus nine other heirlooms of the '80s. Apparently the formulas are just the same as when Anita Roddick launched them more than 20 years ago.



*BEAUTYshortcuts*

One product that does two things – how very sensible. Concealers are the latest products getting a multifunction facelift. At NP Set, Napoleon Perdis put a mascara on the other end of his concealer. Makes sense. It's the NP Set Black Mascara + Concealer/Highlighter, \$28. Clinique has created a concealer that also helps to heal blemishes – Anti-Blemish Solutions Clearing Concealer, \$35. Meanwhile, Bourjois has launched Healthy Mix Correcting Concealer, \$24, an under-eye concealer with fruit extracts that help to boost micro-circulation and brighten.

*Get it now*

**PERFECT FOR PAMPERING**  
 A splurge very worth your while this month is Juicy Couture's Couture Couture Body Crème, \$75, available from April 11. It has a gorgeous fruit-and-wood scent that smells clean and refreshing but best of all, it melts into your skin, moisturising without a trace of grease.

**FASHION FRAGRANCE**  
 Fashion designer Michael Kors has released a new perfume, which is a winner. Michael Kors Very Hollywood, 50ml EDP, \$138, is a little touch of old-fashioned Hollywood glamour without the 'old' smell.

**TOTALLY SPOILT**  
 If you want to spoil yourself rotten, here's one way to do it. As part of the current limited-edition colour range by Yves Saint Laurent there is a divine blush and face highlighter, which apart from being silky smooth, comes in the dinkiest packaging. Yves Saint Laurent Palette Y-Mail – Face Highlighter – Pearly Finish, \$90 (left), and Palette Y-Mail – Blush Harmony No2 – Silky Finish, \$90.

